

Community Health and Wellbeing Week 2017

October 16th-20th 2017

Events Calendar

Monday 16th	Tuesday 17th	Wednesday 18th	Thursday 19th	Community and Wellbeing Week Continued...
<p>A furry friend is a friend indeed</p> <p>St. John Ambulance Therapy Dogs will be visiting BCHC!</p>  <p><i>Snacks and Refreshments provided</i></p> <p>2:30 pm – 4:00 pm</p> <p>Where: Community Room</p>	<p>Children's Colouring pages available in the main floor waiting room</p>  <p>Picture from our Story Time Group</p> <p>Upcoming Story Time Event November 28 10 - 11:45 a.m. with Lisa Newman, Aboriginal Ontario Early Years Co-ordinator. Making "3 Sisters Soup"</p>	<p>Community Walking Event at the Spirit Catcher</p> <p>Pour notre semaine de bien-être et de santé communautaire, le BCHC aimerait vous inviter à venir marcher avec nous!</p>  <p><i>Snacks and Refreshments provided</i></p> <p>Il y aura des collations gratuites!</p> <p>10:15am-11:30am</p> <p>For more information contact Lorna ext. 281</p>	<p>Latin Night Noche Latina</p> <p>Free Beginner Salsa Lesson <i>Lecciones de Salsa-GRATIS</i></p>  <p>Free South American appetizers provided</p> <p><i>Delicious aperitivos de Anitjitos su Panaderia Favorita</i></p> <p>Time/Hora: 6:30pm</p> <p>Where/Donde: Community Room</p>	<p>Guest Speaker Jenna Tenn-Yuk</p> <p>November 3rd 2017</p>  <p>Workshop for youth to learn how to empower ones' voice</p> <p>Where: Downtown Library Time: 7pm</p> <p>For more information Contact Rebekah ext. 231</p>



Community
Health and
Wellbeing

Health Equity at the Centre
Community Health and Wellbeing Week
October 16 - 22, 2017

L'équité en santé au centre
Semaine de la santé et du bien-être communautaire
16 - 22 octobre 2017

Santé
communautaire
et bien-être