

EYE CARE TIPS

- Keep your blood glucose and blood pressure as close to normal as you can
- Have an eye care professional examine your eyes once a year with a dilated eye exam. Have this exam even if your vision is OK.
- Finding eye problems early and getting treatment right away will help prevent more serious problems later on.
- Ask your eye care professional to check for signs of cataracts and glaucoma.
- If you are planning to get pregnant soon, ask your doctor if you should have an eye exam
- If you are pregnant and have diabetes, see an eye care professional during your first 3 months of pregnancy.
- Don't smoke

(www.diabetes.niddk.nih.gov/dm, accessed 2012)



Barrie and Area Diabetes Collaborative

DIABETES EYE EXAMS IN THE BARRIE AREA

Keeping an Eye on Your Good Health



Barrie and Community Family Health Team



Jan 2012

OPTOMETRISTS

Anne Street Optometry

(Drs. M.Chan, C.Spiegl and
A.Vandendool)
353 Anne St. Barrie, ON
705-726-5800

Barrie Vision Centre

(Drs. W.Bentley, R.Bowser, S.Bowser
and K.Lalonde)
221 Cundles Road E., Unit 1, Barrie,
ON
705-737-5858

Cedar Pointe Optometry

(Drs. J.Hamilton, D.Hazelett,
K.Krmpotic and P.McLean)
75 Cedar Pointe Dr., Unit 102, Barrie,
ON
705-728-0871

Georgian Optometry

(Drs. T.Choi, A.McLeod and R.Singh)
509 Bayfield St., Georgian Mall,
Upper Level, Barrie, ON
705-733-3838

Innisfil Eye Care

(Dr. M. Sher)
7975 Yonge St., Stroud, ON
705-431-2393

IRIS

(Drs. C.Beverley, G.Costigan, S.Bowser
and I.Erkelens)
350 Big Bay Point Dr., Unit 7A Barrie,
ON
705-721-1220

Pro Vision Optical

(Drs. R.MacAlpine and B.Pezik)
649 Yonge St., Unit 2, Barrie, ON
705-719-1671

South Barrie Eye Clinic

(Drs. J.List, A.McLeod and D.Morellato)
431 Bayview Dr., Unit 10, Barrie, ON
705-725-8228

Stroud Optical

(Dr. M. Lim)
8056 Yonge St., Village Market Plaza,
Stroud, ON
705-431-6332

Dr. Bond and Associates

(Drs. A.Bond, R.MacAlpine and
A.Miller)
12 Commerce Park Dr., Barrie, ON
705-737-3141

Dr. M. Cook

11 Collier St., Unit 202, Barrie, ON
705-728-4109

Dr. Haney and Associates

(Drs. E.Haney, A.Miller and J.Siemon)
79 Bayfield St., Barrie, ON
705-728-3396

**OHIP covers dilated eye exams
for people with diabetes once
every 12 months**

Dr. N. Kingstone

4 Pine River Rd., Unit 3, Angus, ON
705-424-3233

Dr. Roberti and Associates

(Drs. R.Roberti, M.List and J.Siemon)
509 Bayfield St., Georgian Mall,
Lower Level., Barrie, ON
705-727-1418

Dr. C. Schell

225 Ferndale Dr. S. Unit 6, Barrie, ON
705-734-5700

Dr. R. Tye

11 Collier St., Unit 202, Barrie, ON
705-728-2963

