

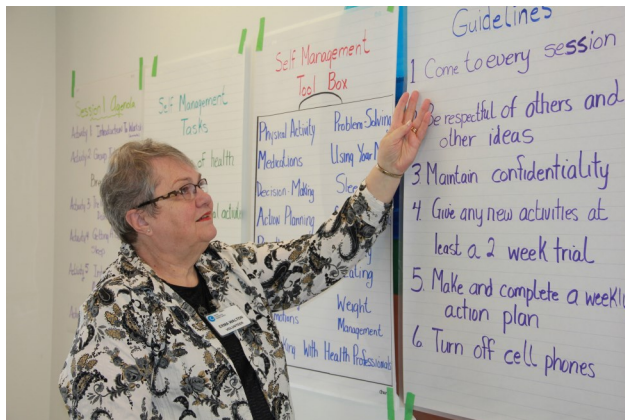
No Cost To Attend

Chronic Disease Self Management Series

2016 Fall Schedule

Living A Healthy Life With Chronic Disease

Tuesdays, October 11 - Nov. 15
from 1:00 - 3:30 p.m.



Chronic Pain Self Management

- Thursdays, Sept. 22— Oct. 27 from 1-3:30 p.m.
- Thursdays, Nov. 3 - Dec. 8 from 1—3:30 p.m.

Registration Required,
Call: 705-734-9690 ext. 291
www.bchc.ca

Series Are Held At The
Barrie Community Health Centre
490 Huronia Road ,Barrie

