

About our Diabetes Management Centre

The Barrie Community Health Centre's Diabetes Management Centre offers education and support to help you manage your diabetes.

Our Team

- Endocrinologists
- Registered Dietitians
- Registered Nurses
- Physiotherapists
- Community Health Workers

Different Program Options

As a client of ours, you can join any of Barrie Community Health Centre's programs:

- One-on-one counseling sessions
- Group education
- Follow up sessions
- Support groups
- Cooking demonstrations
- Walking programs
- Fitness for Health

WHAT we do

- Group sessions – cooking demos, education, exercise
- Individual appointments with Nurses and/or Dietitians
- Specialist care
- Education and support for adults living with:
 - Diabetes in pregnancy
 - Type 1 diabetes
 - Type 2 diabetes
 - Prediabetes
- Insulin pump initiation and support
- On-going follow up directed by the needs of the individual living with diabetes
- On-going support can be in-person, by phone or video-conference via personal device

WHO is part of your team

- YOU are the leading member of your team.
- Your family or other support persons
- Your family doctor
- Your diabetes specialist
- Nurses
- Dietitians
- Other Health Care Professionals as needed to help you

HOW

you become part of the program

- You can be referred by:
 - Self-referral via referral form found on our website (www.bchc.ca) or for pick up at our location
 - Any health professional you see: doctor, nurse practitioner, nurse, dietitian, social work, etc
- Your family doctor or nurse practitioner can refer you to our diabetes specialists

WHERE

Barrie Community Health Centre

490 Huronia Road

(South of Big Bay Point Rd, behind the Urgent Care Centre)

Phone: 705-734-9690

Fax: 705-719-4877



Supported by/ Financé par :